# Optimization and Biomechanics for Human Centred Robotics KIT BioRobotics Lab



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Endowed Chair by Hector Foundation II Institute for Anthropomatics and Robotics (IAR)



# Bachelor's Thesis: Biomechanical Differences between Beginners and Experts in Sports Motion

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### Background

In every sport, athletes are trained in specific motions and over time, their technique yields optimized performance. From a biomechanics perspective, it is always interesting to investigate the underlying kinematics and/or kinetics. Not only can this identify the biomechanics criteria for success, it can also help us understand why certain biomechanical behavior is crucial for an optimized sports motion.



### Scope of the thesis

The Bachelor's thesis focuses on ....

- Designing the experiment protocol: Students will have the opportunity to pick a motion that is related to a sport of interest, design an experiment around it
- Collecting and processing data: Students will gain hands-on experience working with stateof-the-art motion capture equipment of the IAR-HCR BioRobotics Lab
- Analysing data

Sports motions include and are not limited to football, tennis, and martial arts. Students can also propose their own motions / sports.

#### **Required knowledge**

This thesis requires basic programming skills.